

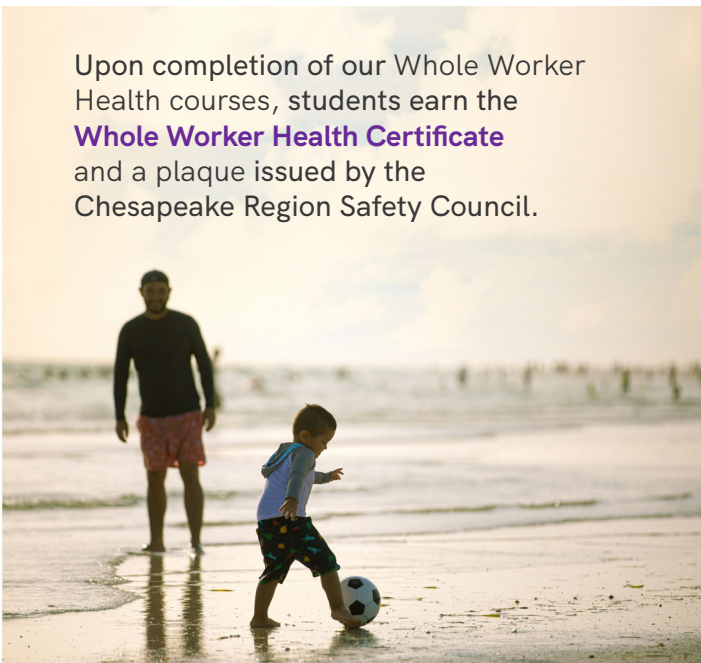


The Whole Worker Health Certificate Program focuses on a hazard-free work environment and personal well-being guidance for all workers by bringing together interventions that collectively address worker safety, health, and well-being. It includes a safety and health management system approach with policies, programs, and practices that integrate protection from work-related safety and health hazards with the promotion of injury and illness-prevention efforts that advance worker well-being both on and off the job.

We believe the following key areas must be covered to address Whole Worker Health:

- Whole Worker Health - Fit for Duty**
1- day course
- Principles of Occupational Safety & Health (POSH)**
4- day course

- Mental Health First Aid (MHFA)**
1-day course
- Reasonable Suspicion for Supervisors Trainer**
half-day course
- Impairment Education and Cannabis Use Workshop**
half-day course



Upon completion of our Whole Worker Health courses, students earn the **Whole Worker Health Certificate** and a plaque issued by the Chesapeake Region Safety Council.



For more information, visit www.chesapeakeesc.org
Email us at safety@chesapeakeesc.org
Call our staff at 800-875-4770

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