

OSHA 2255 – Principles Of Ergonomics

This course covers the use of ergonomic principles to recognize, evaluate, and control workplace conditions that cause or contribute to musculoskeletal and nerve disorders. Course topics include work physiology, anthropometry, musculoskeletal disorders, use of video display terminals, and risk factors such as vibration, temperature, material handling, repetition, and lifting and transfers in health care. Course emphasis is on industrial case studies covering analysis and design of work stations and equipment workshops in manual lifting, and coverage of current OSHA compliance policies and guidelines. Upon course completion students will have the ability to recognize work-related musculoskeletal and nerve disorders, assess employer's ergonomic programs, and conduct ergonomic evaluations.

Student Contact Hours: 18

Prerequisites: None

Course Includes: Student materials

Course Time: 8:00 am – 4:00 pm

Course Fee: \$795.00

Date/Time

Date(s) - 12/01/2021 - 12/03/2021

08:00 am - 04:00 pm

Location

Virtual Instructor Led Training



Registration Form- Please FILL OUT the Course Info Below:

Class Name: OSHA 2255 Class Date: (month/day/yr) ____/____/____ Location: (city, state) _____, _____

Student Name(s): _____

Company: _____ Email: _____

Address: _____ City, State, Zip: _____

Phone #: _____ Fax #: _____

Indicate Payment Method: (please check)

Check Enclosed _____ Please Invoice _____ Visa _____ Mastercard _____ American Express _____ Discover _____

Card # _____ CID #: _____ Exp. Date: _____ Name on Card: _____

You can mail this form to:

Chesapeake Region Safety Council - 2555 Lord Baltimore Drive, Suites N-R, Baltimore, MD 21244
Call to register: 800-875-4770 **Fax:** 410-281-1350 **Register online** at www.chesapeakeesc.org
Make checks payable to: Chesapeake Region Safety Council