

# OSHA COMPLIANCE SERIES COURSES

## Introduction to OSHA

### This seminar covers:

- What it takes to comply with OSHA regulations and how to avoid citations
- How to protect your company's assets from liability
- What to expect if your facility is inspected by OSHA and how to prepare for it
- How to maintain a safe working environment for your employees
- What's expected of your employees under the OSH Act
- How to keep records that satisfy OSHA requirements and help you build an effective safety program
- How to look up OSHA standards during the seminar's Hazard Violation Workshop exercise
- How to navigate the OSHA website and make it a valuable reference tool
- Where to go for more information and assistance

### Date, Time, and Location:

**August 3, 2009**  
 8:00 am to 12:00 pm  
**Chesapeake Region Safety Council**  
 17 Governor's Court  
 Baltimore, MD 21244

## Hazard Communication

### After completing this seminar, you will be able to:

- Empower your employees to identify - and avoid - potential problems
- Assess situations where exposure to chemicals has occurred
- Reduce chemical - related illnesses and injuries throughout your facility
- Save on workers' compensation and related costs

### Date, Time, and Location:

**August 3, 2009**  
 12:30 pm to 4:30 pm  
**Chesapeake Region Safety Council**  
 17 Governor's Court  
 Baltimore, MD 21244

### Price for the Course:

**4 Hour Course** - Members - \$99 Non-members - \$135  
**Both Courses** - Members - \$175 Non-members - \$225 (lunch is included)

### Four Ways to Register: Please Check: Intro to OSHA & Hazard Communication

1. Mail This Form 2. Fax 410-281-1350 3. 1-800-875-4770 4. Register online at [www.chesapeakeesc.org](http://www.chesapeakeesc.org)

Send this form and payment to: **Chesapeake Region Safety Council, 17 Governors Court, Baltimore, MD 21244**

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Office Use Only # 4394

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CRSC / NSC Member? Yes, member # \_\_\_\_\_ No \_\_\_\_\_

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**Any questions please call 1-800-875-4770 or visit our website at [www.chesapeakeesc.org](http://www.chesapeakeesc.org)**