

Get Ready for the **FREE** **CPR CHALLENGE**

JUNE IS NATIONAL SAFETY MONTH!! HELP US CELEBRATE

Did you know that 70% - 80% of people who perform CPR do so for a loved one or friend? About 225,000 Americans die each year due to sudden cardiac death. CPR is a simple emergency procedure to save the lives of your family and friends. With the advent of reality TV, we have decided to "lay down a challenge," like a challenge you may see on Survivor or Fear Factor. Our "reality" is to train more people to save more lives. Stop by the Chesapeake Region Safety Council on June 9th anytime between 1 pm - 4 pm and learn the American Heart Association's Friends and Family CPR absolutely **FREE!**

presented by the **Chesapeake Region Safety Council**

What is the CPR CHALLENGE?

It is an American Heart Association CPR course for you, your family and your friends to take *free of charge* in celebration of National Safety Month.

Where is it?

Chesapeake Region Safety Council

17 Governor's Court, Suite 185

Baltimore, MD 21224 - **Please call for directions**

When is it?

Thursday, June 9, 2005 - Anytime between 1 p.m. and 4 p.m.

Why take this Course?

TO SAVE LIVES!



**Chesapeake
Region
Safety
Council**

For more information or to register, please call
the Chesapeake Region Safety Council at 410-298-4770